

## WRRRA Sculling Program Guideline

Draft March 1, 2014

### Section A – Basic information of the sculling program

1. Sculling Program – WRRRA has several facets of the sculling program
  - a. General scullers – Members who pay to utilize WRRRA sculling equipment (shells and oars).
  - b. Private scullers – Members who own their own equipment (both shell(s) and oars).
2. Sculling Committee –
  - a. The sculling committee is composed of WRRRA members who participate in either or both of the programs listed above. At minimum one member of the committee is a member of the CRF Safety committee.
  - b. Refer to Committee Cover sheet for scope/authority. The cover sheet is approved annually by the WRRRA Board of Directors.
  - c. The committee will meet at least twice per year to address sculling matters.
  - d. Meetings may be called by the committee chair, or the director in charge, or by any two members of the committee.
    - i. To deal with disciplinary or emergency equipment matters.
    - ii. Attendance at meetings may be live or remote via electronic connection.
    - iii. A majority of committee members shall constitute a quorum.
    - iv. Meetings shall be conducted in accordance with Roberts Rules of Order, latest edition, unless otherwise decided by the majority of the members in attendance.

### Section B – WRRRA SCULLING EQUIPMENT USE

1. WRRRA sculling equipment includes singles, doubles/pairs, quads, and sculling oars.
2. Members of WRRRA and their guests, under such rules and regulations as the Board of Directors (BOD) may from time to time establish, and subject to all CRF safety rules, may use WRRRA-owned sculling equipment under the following terms:
  - a. The member has demonstrated to a sculling committee member that they possess the requisite skill to scull the shell they are using (independently or with coach or mentor).
  - b. The sculler has paid the general sculling fee.
  - c. The sculler is using appropriate equipment, taking into consideration their weight, the weight limits of the shell, the skill level of the sculler, and any other restrictions on the use of the shell set by the BOD. (posted by the Equipment Committee)

3. Those who have paid for general sculling membership are permitted to use sculling equipment for racing. WRRRA General Sculling Members take precedence for use of general sculling equipment over non-members.
  - a. This includes out of town regattas.
  - b. Taking equipment to races is an exception to the reservation rules (see below).
  - c. Equipment going to regattas shall be signed out for the entire time the boat will be utilized – including derig/rig, transportation and use at the regatta.
  - d. Transportation of the shells will be coordinated with WRRRA Head Coach and/or Masters Captains
  - e. Equipment must be in original state upon return. (re-rigged, repaired, washed).
  - f. If a sculling shell is already going to a regatta for use by a paid general sculling member it may be rented by a WRRRA rower who is not a member of general sculling.

#### Section C – WRRRA SCULLING EQUIPMENT RESERVATIONS & SIGN OUT

1. No rower is allowed to reserve a WRRRA single, double, pair or quad more than 2 times per week during peak time. “Peak time” is defined as 5:00 a.m. - 7:30 a.m., and 4:30 p.m. - 7:30 p.m. Monday- Friday; and 5:00 a.m. - 10:00 a.m., weekends and national holidays.
2. If a shell is not being used or has been reserved and has not been claimed within 15 minutes of the reservation start time; the shell can be used on a first come first serve basis, within one’s skill certification.
3. No reservation may be for more than a two (2) hour period. No one may reserve for more than one time slot in a row during peak times.
4. Singles may be reserved by sculling coaches for LTS programs more often than the foregoing rule allows.
5. Violation of reservation rules will result in suspension of sculling privileges for an amount of time to be determined by the sculling committee.

#### Section D – LEARN TO SCULL AND COACHED SCULLING

1. WRRRA will offer six-session Learn To Scull Programs to WRRRA members between June 1 and September 15 at a fee determined by the BOD.
2. The Sculling Committee will set coach and program parameters and recruit coaches in conjunction with the Coaching Committee.
3. WRRRA will offer a coached sculling program and/or sculling clinics based on sculler survey results and coach availability. Dates will be determined by the Sculling Committee.

#### Section E – INDEPENDENT SCULLER CERTIFICATION

1. To be certified as a WRRRA independent sculler, all of the following must be satisfied:

- a. The sculler must possess a current SQL-1 CRF certification or higher prior to taking the on water test.
  - b. Take LTS or other basic sculling lessons (and be approved to go out on mentored rows).
  - c. Complete 30 mentored rows with WRRRA independent rower(s) or sculling coach(es). The list of mentors and sculling coaches will be available in the sculling reservation book.
  - d. After mentored rows are completed the sculler needs to demonstrate adequate skills in the actions listed below to the satisfaction of a sculling coach:
    - i. General sculling skills
    - ii. Ability to turn shell on water
    - iii. Handling shell on land and in/out of racks
    - iv. Launching independently
    - v. Safety-passing and being passed by a freighter or other river vessel
    - vi. Backing the shell
    - vii. Making a radio call
    - viii. Identify 2 random landmarks on river
    - ix. Landing independently
    - x. Sign in/out procedures
    - xi. Reservation procedures and protocols
    - xii. Identify WRRRA owned sculling blades
  - e. The sculler has paid the general or private sculling fee.
2. On water testing sessions can be set up by emailing the sculling chairperson at [sculling@westernreserverowing.com](mailto:sculling@westernreserverowing.com).
  3. The current list of sculling membership will be posted in the boathouse and kept in the sculling reservation book. If anyone not on the list takes out WRRRA sculling shells or blades (without WRRRA Board of Directions permission) the Director of Membership will be notified. The director will decide appropriate action. This may include a warning and then follow up prohibition of using any WRRRA sculling or sweeps equipment for a time period as appropriate.

#### Section F – EQUIPMENT DAMAGE AND SIGN IN/OUT

1. Scullers must sign in/out in the CRF sign out log. Penalty for failure to sign in/out may result in loss of sculling privileges.
2. Damage to any sculling equipment should be reported immediately following established equipment procedures.
3. Failure to report damage or repeated damage may be subject to penalty as determined by the Director of Sculling or the Chairperson of the Sculling Committee in consultation with the Equipment Director (monetary fine or loss of privileges).