



March 8, 2024

It's that time of year: **The CRF Annual Safety Review.** Please pick from one of the four sessions if you would like to renew your certification and maintain your SQL/CQL status for 2024. Sessions that are not "Zoom only" will be hybrid in the CRF conference room. Please try to attend the in-person sessions at the Boathouse if you think you will have multiple questions. For efficiency, we may try and tackle these after the main session concludes.

If you cannot attend any of the below sessions, please notify your Org Head and The Safety Chair, and we'll see if we have to schedule one more "make-up" session in late spring.

Saturday 3/9 @ 10 am (Zoom only)

Join Zoom Meeting <u>https://moffitt.zoom.us/j/92077222056</u> Meeting ID: 920 7722 2056 One tap mobile +13052241968,,92077222056# US +16469313860,,92077222056# US

Sunday 3/10 @ 11 am

Join Zoom Meeting <u>https://moffitt.zoom.us/j/94469636147</u> Meeting ID: 944 6963 6147 One tap mobile +13052241968,,94469636147# US +16468769923,,94469636147# US (New York)

Tuesday 3/12 @ 6:30 pm (Zoom only)

Join Zoom Meeting <u>https://moffitt.zoom.us/j/91409675460</u> Meeting ID: 914 0967 5460 One tap mobile +13052241968,,91409675460# US +13017158592,,91409675460# US

Sunday 3/24 @ 11 am

Join Zoom Meeting <u>https://moffitt.zoom.us/j/97632009192</u> Meeting ID: 976 3200 9192 One tap mobile +13052241968,,97632009192# US +16468769923,,97632009192# US

Thank you everyone!

Kristen Runner CRF Safety Chair 419-271-0709 <u>safety@clevelandrows.org</u>

APRIL LEARN TO ROW VOLUNTEERS NEEDED!

Experienced WRRA Members Are Still Needed To Volunteer For The Following!

April 6: 10:15am-12:00pm-Rowers & Floats April 13: 9:15am-11:00am-Rowers & Floats April 20: 9:15am-11:00am-Rowers & Floats April 21: 9:15am-11:00am-Coxswains, Rowers & Floats April 21: 11:45am-1:30pm-Coxswains, Rowers & Floats April 27-RAIN DATE: 9:15am-11:00am-Coxswains, Rowers & Floats April 27-RAIN DATE: 11:45am-1:30pm-Coxswains, Rowers & Floats April 28-RAIN DATE: 9:15am-11:00am-Rowers & Floats April 28-RAIN DATE: 11:45am-1:30pm-Rowers & Floats

Please email Leah at volunteer@westernreserverowing.com if you want to participate in any of the above fun events! 2024 Volunteer credit will be given to those who participate. Please include your phone number and position you are volunteering for with seat preference. Thank You!

ROW LIKE A PRO IN 2024!

The Summer rowing season is approaching fast! WRRA is offering its members FREE erging classes with Coach Tim Marcovy beginning March 2nd . When: Every Saturday from March 2-April 27, 2024 Time: 1:30pm - 3:00pm Where: CRF Erg Room Who: Any WRRA Member Fee: No Charge for Members

You MUST <u>**RSVP here</u>. Sessions will be cancelled if no RSVP's are received for a particular date.**</u>





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Contact Us

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